My Personal Password Keeper

GENERATIONAL KNOWLEDGE LLC

A printable organizer for account names and password-management reminders.

Important: Use This Worksheet Safely

For the strongest protection, store actual passwords in a reputable password manager and/or a password journal that has been secured in a safe place. This sheet is designed to record account names, usernames, recovery methods, and hints that are not the password itself. Never write one-time verification codes here.

Account inventory

Website/Account	Username/ Sign In Email	Password Stored (Where?)	Recovery Method
Social media/Facebook	Janed@email.com	○ Password Manager ○ Password Journal	○ Phone ○ Email ○ Bank Verification ○ Authentication App ○ Other

Security Checklist

☐ Unique password for each account

☐ MFA enabled where possible

☐ Recovery contact information reviewed

☐ Backup codes stored securely, separately from this worksheet

Storage Reminder

Keep this paper in a secure location, not in a wallet or an unlocked public area. If you choose to write actual passwords in a journal, treat it as highly sensitive and secure it accordingly. Never leave your password journal near your computer. Share its location with your trusted person in case of an emergency.