Understanding AI

GENERATIONAL KNOWLEDGE LLC

An approachable guide to artificial intelligence in everyday life.

What is AI?

Artificial intelligence (AI) refers to computer systems that perform tasks such as recognizing patterns, generating text or images, translating language, or making predictions. Different AI tools work in different ways.

Where You May Encounter It

- Email spam filters and suggested replies.
- Voice assistants, translation, and accessibility tools.
- Shopping and entertainment recommendations.
- Customer-service chatbots and generative AI tools.

Use AI Thoughtfully

- Check important claims against reliable sources; AI can be confidently wrong.
- Avoid entering sensitive personal, financial, medical, or student information into tools without understanding their privacy practices.
- Ask who created the content and whether images, audio, or video might be synthetic.
- Use AI to brainstorm or learn but keep human judgment in charge.

Try a low-stakes activity

Ask an AI assistant to explain a familiar topic at a beginner level. Then check one claim using a reliable independent source.

My AI Reflection

One way AI could help me:

One question I would verify before relying on AI: