Smartphone Confidence Guide

GENERATIONAL KNOWLEDGE LLC

Everyday smartphone skills for iPhone and Android users.

Five Essential Skills

- Connect to a trusted Wi-Fi network and recognize mobile data usage.
- Adjust text size, brightness, sound, and accessibility options.
- Find and update apps through the official app store.
- Share a photo or document with the intended person.
- Locate settings for privacy, security, and emergency information.

Try it: a 10-Minute Practice Session

1. Open Settings and locate Display or Accessibility; increase text size temporarily.
2. Check for operating system updates (do not interrupt an update in progress).
3. Find the app permissions area and review location or camera access for one app.
4. Practice taking a screenshot and finding it in Photos or Gallery.
5. Locate the emergency SOS feature and read its instructions without activating it.

Helpful Habits

- Use the phone's search feature to find a setting by name.
- Check the recipient before sharing a message or photo.
- Use a device passcode and enable Find My iPhone or Find My Device where available.

My Phone Practice Plan

A skill I want to practice:

Someone I can ask for help:

Menu names vary by device model and operating system version.